

TUCSON 10:00 a.m. Saturday, October 15, 2022, St. Augustine Cathedral, 192 S. Stone Ave., Tucson AZ 85701



Arizona Rosary Celebration

Family Activity Booklet



Our Lady, Help of Persecuted Christians, Pray for Us.

Do you want to get closer to your Heavenly Mother?

Mary is the Mother of Jesus and the Mother of the Church.

She is our Heavenly Mother, here for us!

Choose an activity in this booklet to help you spend time with Mary, your Heavenly Mother. Use the activity as an individual, family, or group. This booklet is free.

Permission is granted to download, print, copy, share, and/or distribute all or any of it. God bless you.



PHOENIX 2:00 p.m. Sunday, October 16, 2022, Phoenix Convention Center, South Bldg, Halls F&G, 33 S. 3 St., Phoenix AZ 85004

Arizona Rosary Celebration www.AzRosary.net

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Let's pray the rosary, Arizona!



Arizona Rosary Celebration

Arizona Rosary Celebration is a state-wide event with gatherings in five cities. The main events are in Tucson and Phoenix. Each year since 1976, we honor Mary under one of her titles. In 2022, we honor Mary under her title, "Our Lady, Help of Persecuted Christians."

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Persecuted Christians

This is the first page of a three-page guide.

A Leader's Guide for Group Discussion and Prayer

In a group of family members, friends, or parishioners, talk about each of the three questions and take time to pray together for persecuted Christians. This activity is intended for adults, teens, and pre-teens.

Terms

A CHRISTIAN is someone who believes in the teachings of Jesus. PERSECUTION could be defined as hostility or bad treatment of a person or group because of race, religion, or politics.

Suggested Format

Discussion could last one session or could be broken up into three different sessions. Start the session with prayer. You may wish to bless the room and yourselves with Holy Water. Ask the first question and allow discussion. After each person has spoken, offer background from this guide or from resources you have read on the topic. Proceed with the second and third questions. End the session with prayer.

Question 1

Why do people persecute Christians?

Background For as long as there have been Christians, there has been persecution of Christians. Jesus said, "If they persecuted me, they will also persecute you" (John 15:20). Unfortunately, there are people in this world who are very threatened by the idea that there is anything more than this world. A totalitarian regime cannot control people who have hope beyond this world.

Prayer God, we know you have a plan. It may not be what we have in mind, but You know what will happen in the future and we have hope that You are working everything together for good.

Jesus, we trust in You. Amen.

Pray a decade of the rosary for persecuted Christians and the people who persecute them.



Persecuted Christians

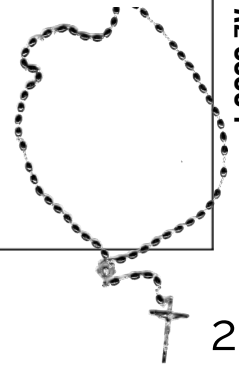
This is the second page of a three-page guide.

Question 2: Why does God allow this?

Background Everyone suffers. Humanity is in a fallen state, and we need Jesus. Jesus is our Savior because in His freedom, He took on death. Inherent in Christianity is the idea that faith is worth dying for, figuratively and literally. If Christians weren't being persecuted, that would mean they stand for nothing. If God did not allow free will, would we be able to choose Him freely and love him with our whole heart, soul, strength, and mind? God does not manipulate. The freedom that allows love, also allows suffering.

Prayer God, you are all good and deserving of all our love. Help us to understand Your will. Fill us with the grace and courage to choose love in all circumstances. Heavenly Father, we choose now to love You with our whole heart, soul, strength, and mind. Amen.

Pray a decade of the rosary for the salvation of all souls.



Persecuted Christians

This is the third page of a three-page guide.

Question 3 What can we do about it?

Background Prayer is the first thing persecuted Christians ask us to do for them. Prayer. We can pray. And it doesn't stop there. Jesus taught us what to do: "But I say to you, love your enemies, and pray for those who persecute you, that you may be children of your heavenly Father, for he makes his sun rise on the bad and the good, and causes rain to fall on the just and the unjust" (Matthew 5:44-45). Not only do we need to pray for persecuted Christians, we need to pray for people who persecute them. You may know people who are suffering for their Christian beliefs, or people who are treating them badly. Speak the truth – the fullness of truth. Talk about it. Don't give up on prayer, even if you can't see the change you pray for. God changes hearts. We don't make the change. Grace does. We also have an opportunity to learn from the mistake of persecutors. As humans, we all are in danger of judgmentalism. This is reason enough to pray and say the truth.

Prayer Heavenly Father, we pray that You will alleviate the suffering of persecuted Christians. We pray for persecuted Christians and their captors to be freed from evil influence. Thank you for the example of the Heavenly Martyrs. Thank you for the prophets, who suffered for the truth. Thank you for sending us your Son, who leads us all to you. Help us to stay close to you in prayer and give us courage to always say the truth. We make our prayer in the name of Jesus who is the way, and the truth, and the life. Amen.

Pray a decade of the rosary for an outpouring of the Holy Spirit in the world.



We're praying for...



List 5 things your family would like to pray for

Everybody needs prayer. Prayer is an act of friendship, an act of faith, an act of love!

NAMES OF PEOPLE IN OUR FAMILY:

1

2

3

4

5

Every day I will bless you; I will praise your name forever and ever. Great is the LORD and worthy of much praise, whose grandeur is beyond understanding. One generation praises your deeds to the next and proclaims your mighty works.

Psalm 145:2-4



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Hail Mary, Full of Grace



Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.



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Joyful Mysteries of the Rosary

Pray the Joyful mysteries on Mondays and Saturdays.

A mystery of the Rosary is something important that happened to Jesus or Mary. There are four groups of mysteries, with five mysteries in each group: Joyful, Luminous, Sorrowful, Glorious. There is a story in the Bible that tells about each important event, or mystery. Look up each Bible story to read about it. Color the picture.

For each mystery, pray
1 Our Father, 10 Hail Mary, 1 Glory Be

The First Joyful Mystery:
The Annunciation, Luke 1:26-27

The Second Joyful Mystery:
The Visitation, Luke 1:39-42

The Third Joyful Mystery:
The Birth of Our Lord,
Luke 2:1-7

The Fourth
Joyful Mystery:
The Presentation in the
Temple, Luke 2:21-24

The Fifth Joyful Mytery:
The Finding of Jesus
in the Temple, Luke 2:41-47

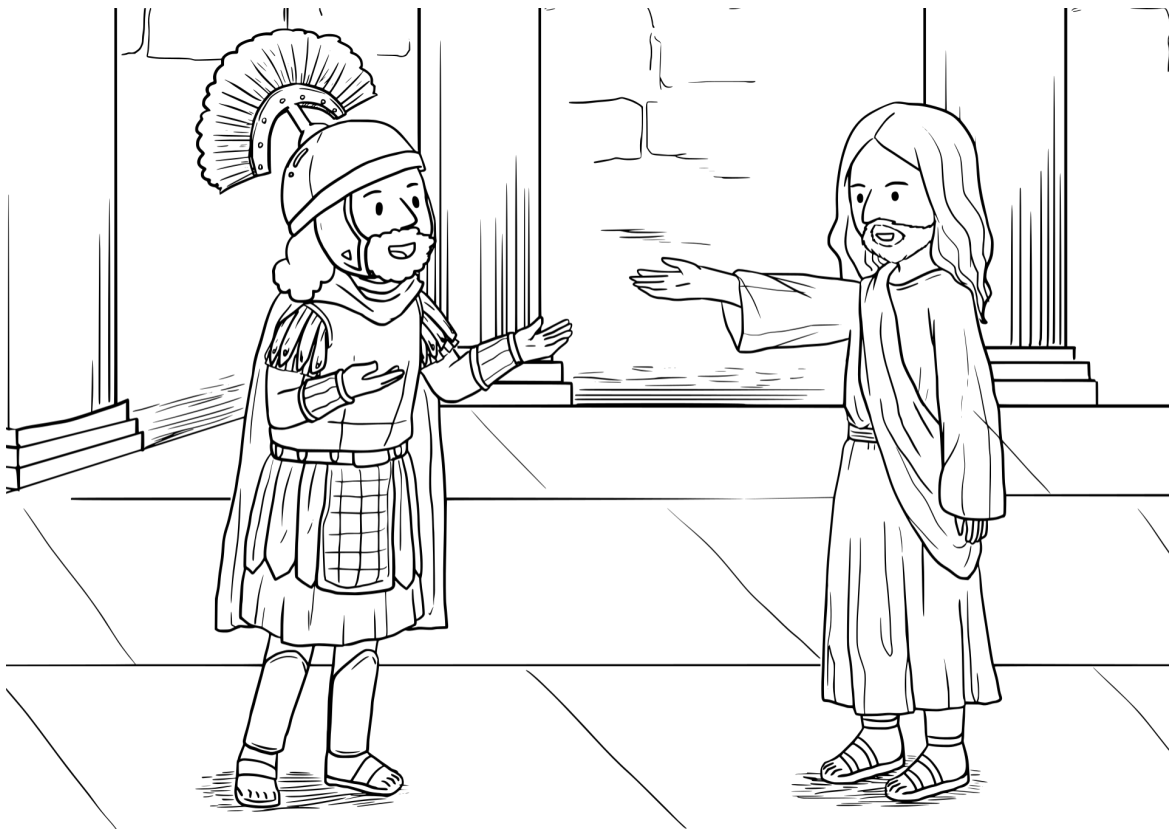


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Luminous Mysteries of the Rosary

Pray the Luminous mysteries on Thursdays.

A mystery of the Rosary is something important that happened to Jesus or Mary. There are four groups of mysteries, with five mysteries in each group: Joyful, Luminous, Sorrowful, Glorious. There is a story in the Bible that tells about each important event, or mystery. Look up each Bible story to read about it. Color the picture.



For each mystery, pray 1 Our Father, 10 Hail Mary, 1 Glory Be

The First Luminous Mystery: The Baptism in the Jordan, Matthew 3:16-17

The Second Luminous Mystery: The Wedding Feast at Cana, John 2:1-5

The Third Luminous Mystery:

The Proclamation of the Kingdom of God, Mark 1:15

The Fourth Luminous Mystery: The Transfiguration, Matthew 17:1-2

The Fifth Luminous Mystery: The Institution of the Eucharist, Matthew 26:26



Sorrowful Mysteries of the Rosary

Pray the Sorrowful mysteries on Tuesdays and Fridays.

A mystery of the Rosary is something important that happened to Jesus or Mary. There are four groups of mysteries, with five mysteries in each group: Joyful, Luminous, Sorrowful, Glorious. There is a story in the Bible that tells about each important event, or mystery. Look up each Bible story to read about it. Color the picture.

**For each mystery, pray
1 Our Father, 10 Hail Mary, 1 Glory Be**

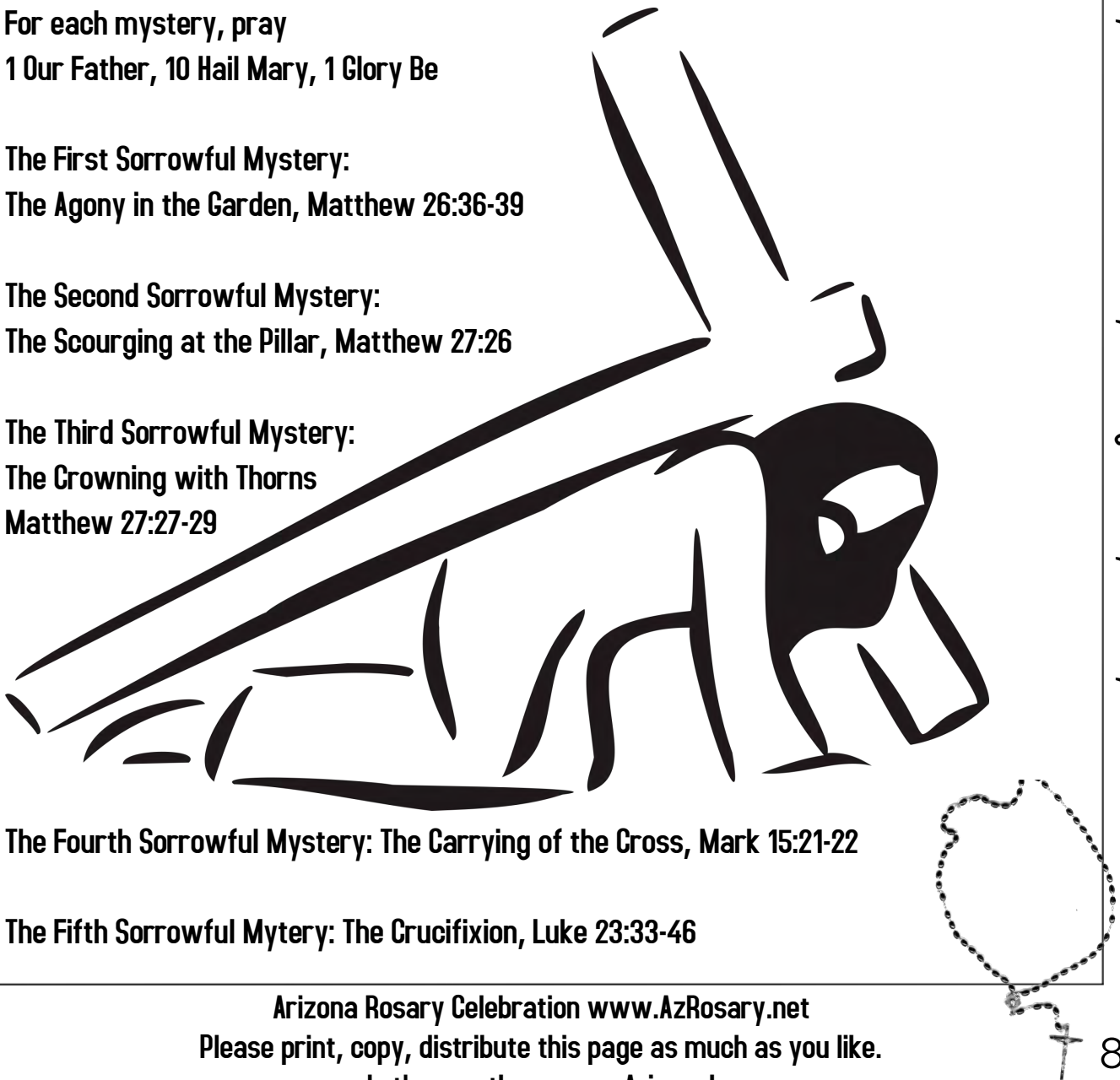
**The First Sorrowful Mystery:
The Agony in the Garden, Matthew 26:36-39**

**The Second Sorrowful Mystery:
The Scourging at the Pillar, Matthew 27:26**

**The Third Sorrowful Mystery:
The Crowning with Thorns
Matthew 27:27-29**

The Fourth Sorrowful Mystery: The Carrying of the Cross, Mark 15:21-22

The Fifth Sorrowful Mytery: The Crucifixion, Luke 23:33-46



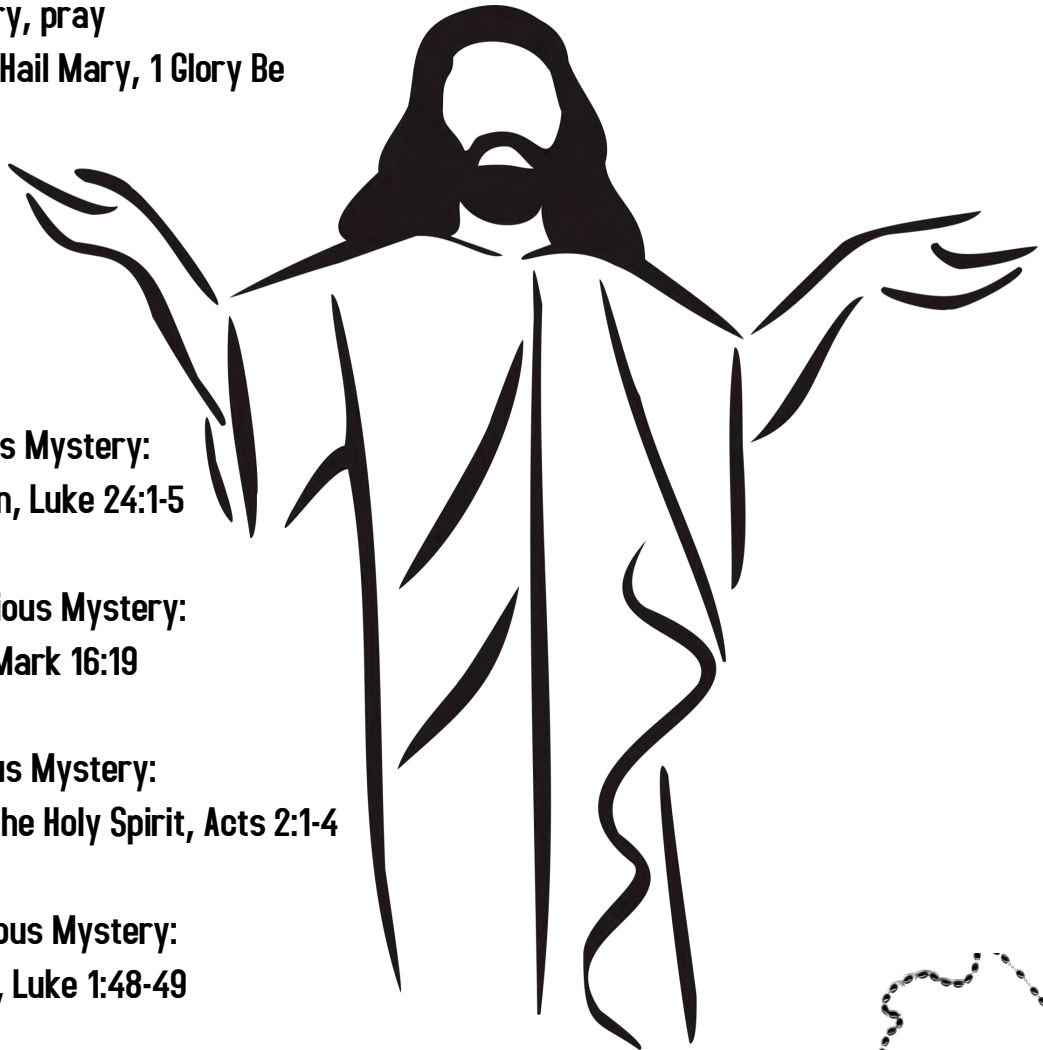
Glorious Mysteries of the Rosary

Pray the Glorious mysteries on Wednesdays and Sundays.

A mystery of the Rosary is something important that happened to Jesus or Mary. There are four groups of mysteries, with five mysteries in each group: Joyful, Luminous, Sorrowful, Glorious. There is a story in the Bible that tells about each important event, or mystery. Look up each Bible story to read about it. Color the picture.

For each mystery, pray

1 Our Father, 10 Hail Mary, 1 Glory Be



The First Glorious Mystery:
The Resurrection, Luke 24:1-5

The Second Glorious Mystery:
The Ascension, Mark 16:19

The Third Glorious Mystery:
The Descent of the Holy Spirit, Acts 2:1-4

The Fourth Glorious Mystery:
The Assumption, Luke 1:48-49

The Fifth Glorious Mystery:
The Crowning of Our Lady, Queen of Heaven, Revelation 12:1

YOU WILL NEED:

A printed copy of this page,
Scissors, Fabric, Needle, Thread, Velcro
Optional: Decoration, Glue

Fold fabric here AFTER placing Velcro.

FOLD 

FOLD 

Fold fabric here BEFORE sewing.

*Keeps your rosary safe.
Simple to make!
Can be done by
most members of the family.
There is some sewing involved
but it is a very simple stitch.*

Make your own

ROSARY POUCH

cut out this pattern

1. CUT

Cut out the pattern on this page. Then, use the pattern to measure and cut your fabric in the right size and shape.



2. FOLD & SEW

Look at the pattern to see where to fold. Make the "before" fold. Sew the fabric, with basic stitch, on both sides. Turn it inside out. Make the "after" fold.



3. VELCRO

Place the Velcro as shown in the picture.



*You're
all done!*



*Optional: Use glue to
add a small decoration.*



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Mama, I'm hungry!



What would Mary fix for Jesus?

Try a modern recipe for ancient food.

In the Middle East during Jesus' day, people ate foods that are still familiar to us today. Tilapia, lamb, lentils, cabbage, parsley, mint, red wine, and olive oil may even be in your kitchen now. Try one of these modern recipes for ancient foods!

Breakfast Buffet

A good start, then and now
Choose a few of these delicious, nutritious items and arrange them on a beautiful platter so everyone can help themselves: pita bread (whole grain), mixed olives (Mediterranean blend, black and green), plain Greek-style yogurt, honey, figs, pomegranates, grapes, apricots, dates, almonds



Lentils with Rice

- | | |
|---------------------------------------|---------------------|
| 1 cup uncooked lentils | 1 teaspoon pepper |
| 4 cups water | 1 teaspoon cumin |
| 1 large onion (yellow, white, or red) | 1 tablespoon salt |
| ½ cup olive oil | 1 cup uncooked rice |

Step 1 Rinse the lentils and put them in a pot with 4 cups of water. Bring to a boil. Reduce heat to medium and cook 15 - 20 minutes. **Step 2** While the lentils start cooking, chop and sauté the onion in the olive oil. Pour the mixture of onion and olive oil into the pot with the lentils. Add the seasonings and rice into the pot with the lentils. **Step 3** Cover the pot and continue cooking for 20 - 25 minutes more, stirring from time to time. You will know it's done when the lentils are cooked and the rice is fluffy. Serve on a platter with a garnish of parsley or mint. It's delicious hot or cold. If you like, you can squeeze a little lemon on top. Serve with a side of salad, pita bread, and plain yogurt, or use the lentils as a filling for lettuce wraps.



MAKE A WOODEN CROSS

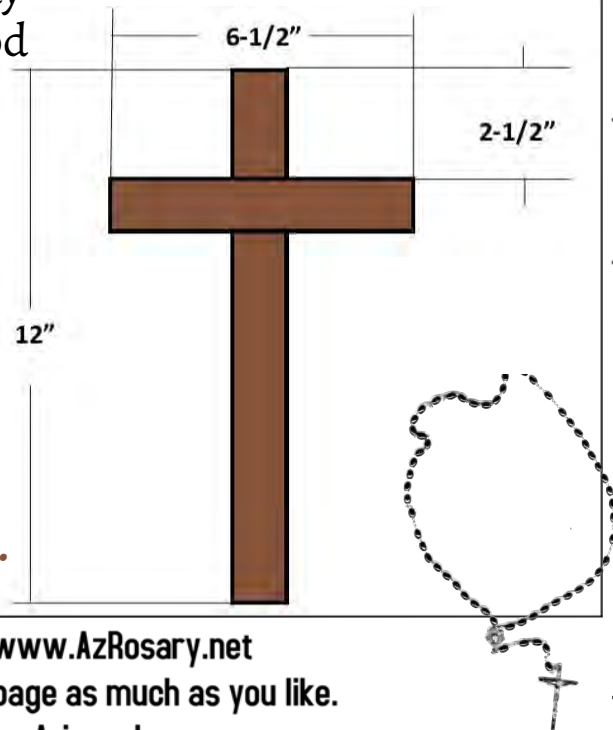
A project for adults Create a wooden cross for your home. You need to be familiar with some power tools, such as a table saw, palm sander, and drill.

Get some wood. Go to a hardware or lumber store to select your wood. Pine is an easy wood to work with. It should be one-and-one-half inches wide by twenty-four inches long.

Measure and cut. Your first cut should be twelve inches long. Your next cut will be six-and-one-half inches long. On the twelve inch board measure down two-and-one-half inches from the top and draw a line across that board. Center the six-and-one-half inch board on the twelve inch board at the two-and-one-half inch line. Then, draw lines on the boards where they intersect.

Fit and finish. Now comes fitting the two boards together. Set your table saw so it cuts only halfway through the thickness of the boards. Cut out the wood between the two lines on each board. When they are put together, they should be flush with each other. Glue the two boards together. At this time, you may use a palm sander to smooth the wood together. Sand all surfaces of your cross. You may want to use some fine sandpaper to finish it off. Turn your cross to the back side and drill a hole partway through to be able to hang your cross on your wall. You can now prepare to put on a finish. It can be paint or wood stain.

Now your cross is ready to hang.



THE EVANGELIZERS

Are you in an infinity war? Get ready for your endgame: Heaven!

How to get strong: Pray in the morning, do your best all day, and pray at night. God will make you strong. You might like to make or buy a cross. Take it to church and ask Father to bless it. Put the cross on the wall or table by your bed.

How to get even stronger: Add sacrifice to your prayer. Make a decision to do without something you like, for example, dessert or music. Decide if you will make the sacrifice for an hour, a day, a week, or longer. Tell God that your sacrifice is for Him.



Finally, draw your strength from the Lord and from his mighty power. *Ephesians 6:10*

How to be an evangelizer: "Evangelize" means to share the good news of Jesus with other people. There are three good ways to be an evangelizer.

1. Pray.
Say this prayer:
"Holy Spirit, come into my heart."
Pray for people to know Jesus, love Him, and live forever in Heaven.
2. Live a holy life. Read the Bible, go to church, love and forgive. People will see how you live and love. They will learn from your example.
3. Tell people about Jesus.



A decorative border with a light blue background and white floral patterns surrounds the text. The border features a central vine with green leaves and small white flowers, and a secondary border of white flowers and leaves.

Flowers for Mary

**This October, plant a
flower garden for your Heavenly Mother.**

To honor Mary, plant a flower garden where you can sit and pray the Rosary or just have a lovely chat with your Heavenly Mother.

If you live in the area of Tucson or Phoenix, you're in USDA garden zone 9b. Here are some flowers that should do well in our unique climate if you plant them in October.

**~ alyssum ~ bachelor's button ~ calendula ~
~ daisy ~ geranium ~ hollyhock ~ lupine ~ marigold ~
~ nasturtium ~ pansy ~ petunia ~ poppy ~ snapdragon ~**

Enjoy the simplicity of a flower garden, or take it to another level. Add a picture or statue of Mary. Put in a bench, painted stones, decorated plant stakes, or a Rosary made of rocks laid on the ground.

More information on flower gardens: Search online for a free Flower Planting Guide for the Low Desert, published by The University of Arizona College of Agriculture and Life Sciences. or visit your favorite gardening resource.



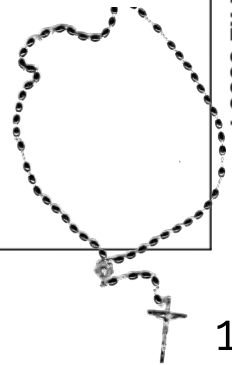
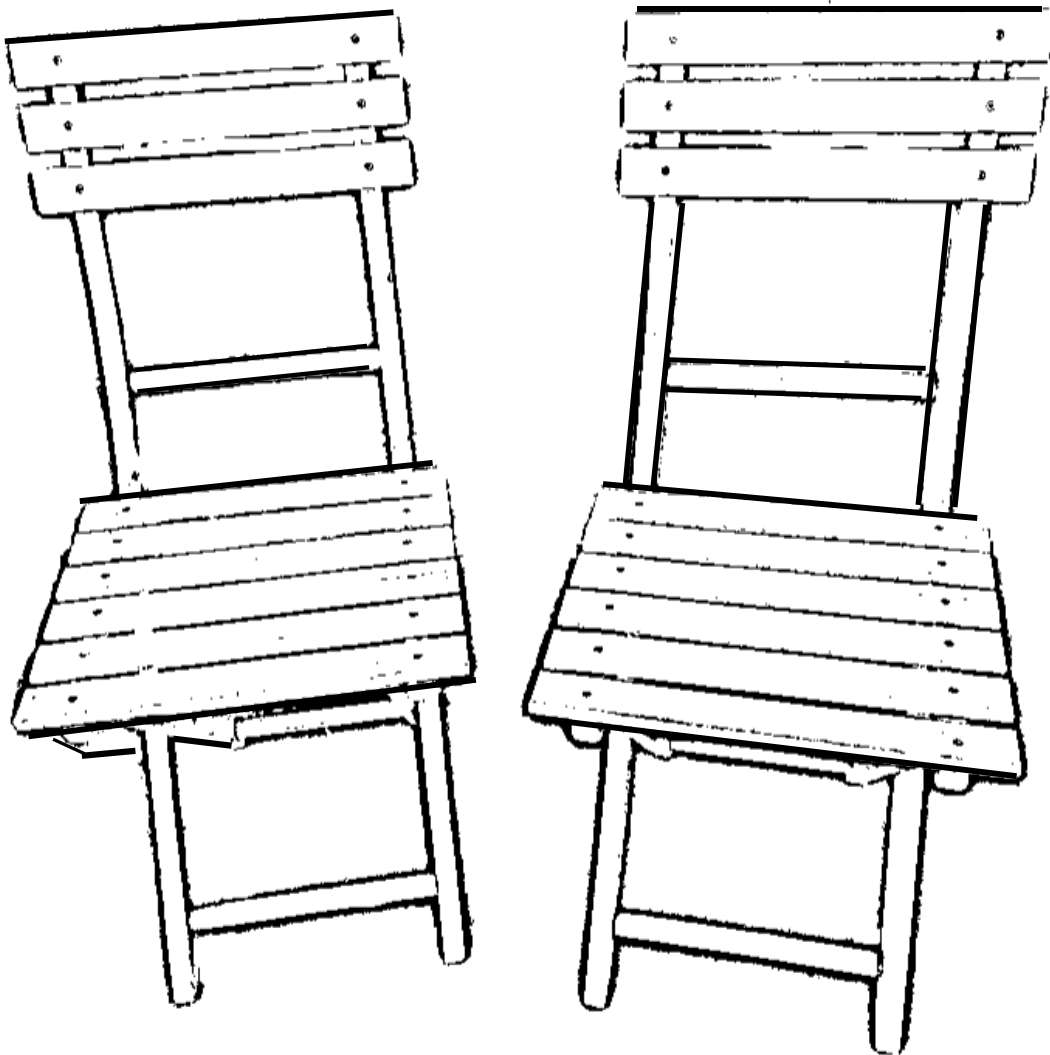
TALK WITH MARY

Mary is the Mother of Christ and the Mother of the Church.

Who is Christ? Jesus! Who is the Church? We are!

Picture yourself sitting and talking with your Heavenly Mother Mary.

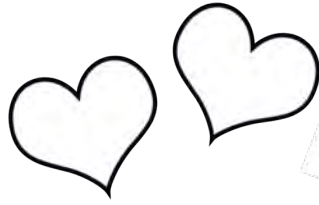
What do you tell her?



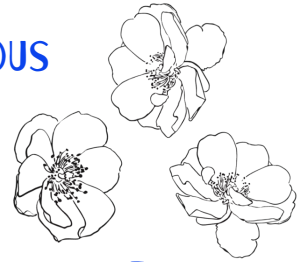
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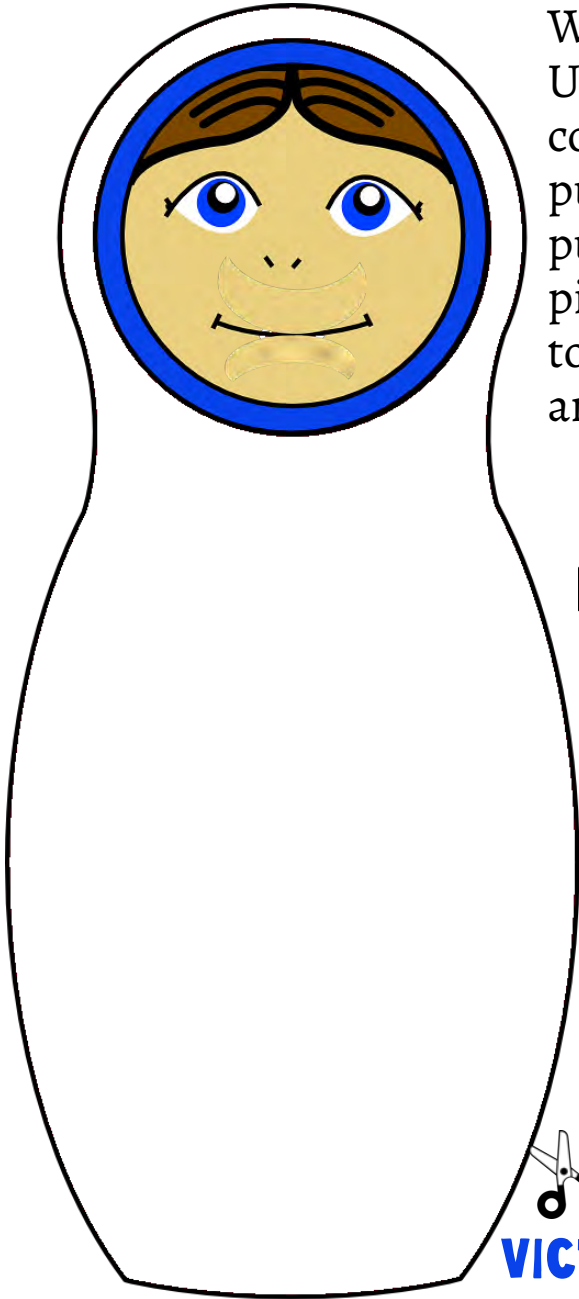
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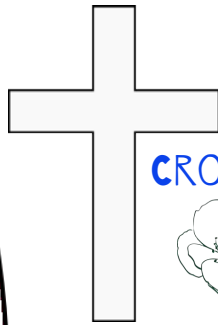
MIRACULOUS MEDAL



VICTORIA, THE ROSARY DOLL



What will Victoria bring to Mass? Use crayons, markers, or pencils to color Victoria the Rosary doll, her purse, and the things she puts in her purse. Use scissors to cut out each piece. Tape or glue the pieces together. Now Victoria is dressed and ready for Mass!



CROSS



PRAYER CARD



PURSE



VICTORIA

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ROSARY

MARY'S MEMORY GAME

for the Maximum Catholic

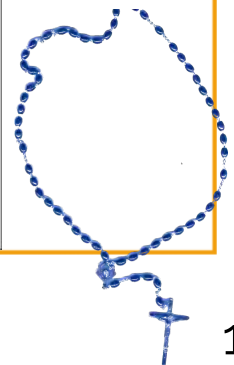
Print this page. Cover the squares with slips of paper or cut out the squares and lay them face down. Uncover or turn over two squares. If the squares match, keep them. If the squares do not match, cover or turn them over again. Keep going until all the squares are matched. Play alone or take turns with others.

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HOLY MOTHER OF GOD	MOTHER MOST PURE	MOTHER MOST CHASTE	MOTHER OF CHRIST
MOTHER OF DIVINE GRACE	MOTHER INVIOLEATE	HOLY VIRGIN OF VIRGINS	MOTHER OF CHRIST
MOTHER MOST PURE	HOLY MOTHER OF GOD	MOTHER INVIOLEATE	MOTHER OF THE CHURCH
HOLY VIRGIN OF VIRGINS	MOTHER OF THE CHURCH	MOTHER MOST CHASTE	MOTHER OF DIVINE GRACE

Mary's prayer titles in this activity were excerpted from the Litany of Loreto, in use since 1558 and approved by Pope Sixtus V in 1587.



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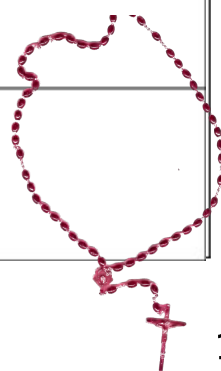
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MOTHER OF MERCY, PRAY FOR US!

Seven-Day Mercy Journal

Do you want to be Jesus' hands and feet? You are!
 Here is a seven-day journey based on the seven corporal works of mercy. Consider praying a decade of the Rosary for each of the people you help.

Day	Corporal Work of Mercy	Actions and Prayer Intentions
Sunday	Feed the hungry.	
Monday	Give drink to the thirsty.	
Tuesday	Shelter the homeless.	
Wednesday	Visit the sick.	
Thursday	Visit the prisoners.	
Friday	Bury the dead.	
Saturday	Give alms to the poor.	



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Our Lady, Undoer of Knots

Pray
a
novena
for 9 days.



Sometimes,
nothing less than a
miracle
will do!

Visit PrayMoreNovenas.com. Search for the Novena to Mary, Undoer of Knots.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Day 1 Day 2 Day 3 Day 4 Day 5 Day 6 Day 7 Day 8 Day 9

To track your progress as you pray the novena for nine days, check the box below the icon of Our Lady, Undoer of Knots, each day when you pray.

**Dearest Holy Mother, Most Holy Mary,
you undo the knots that suffocate your children.**

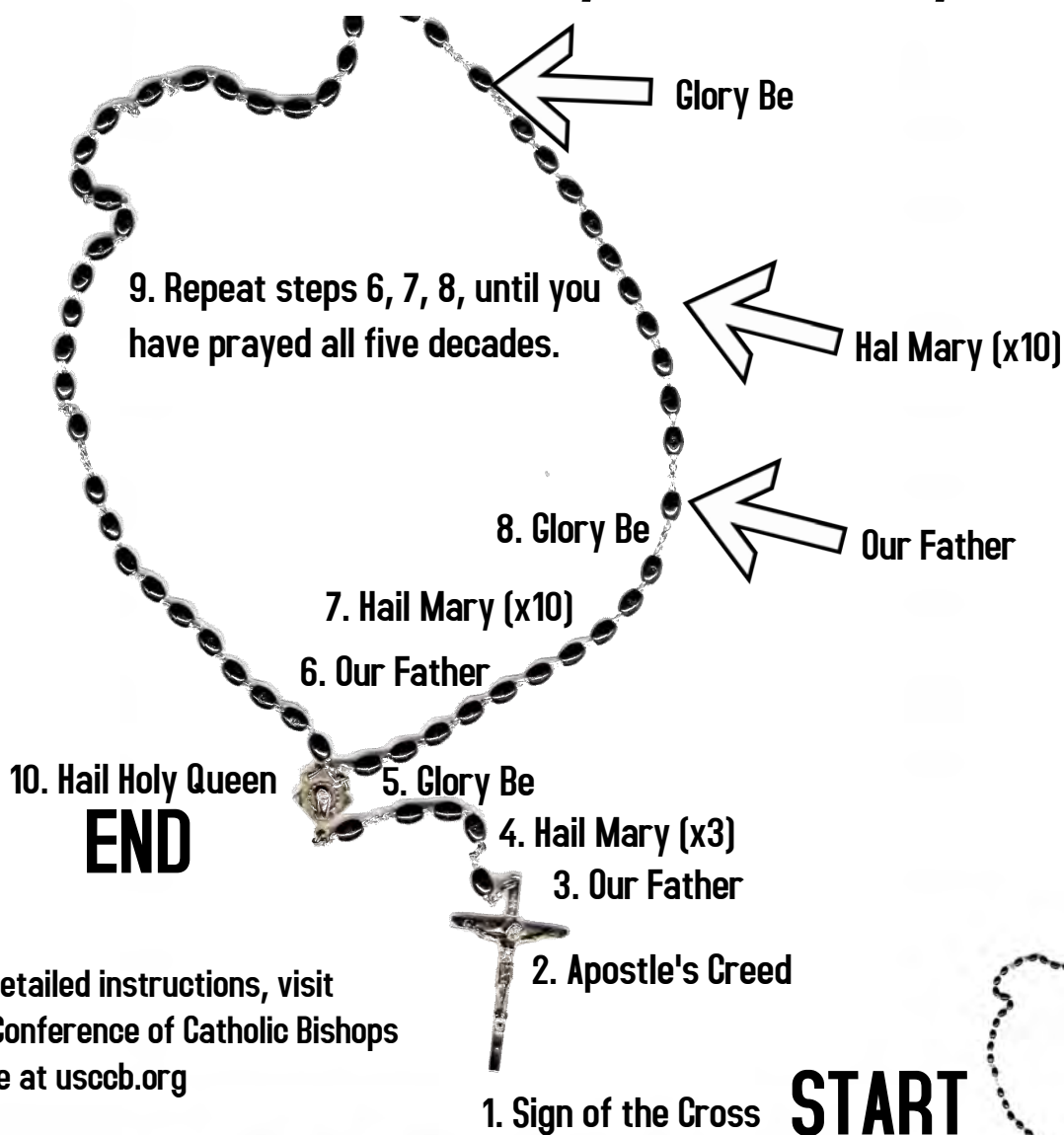
As individuals and as a nation, we all have knots in our lives, problems and struggles for which we cannot see a solution. Certain situations, dilemmas, or mental disorders, no matter how large or small, require divine intervention. Christians of the apostolic faith have always known that the best prayer partner to have in this struggle is Mary, the Mother of Jesus and (as proclaimed by the Second Vatican Council) "Mother of the Church." As early as AD 180, Saint Irenaeus of Lyon, in his writings "Against the Heretics," first referred to the Virgin Mary as "The Undoer of Knots" because, in her obedience to the angelic invitation to become the mother of the Savior, Mary undid the knot that Adam and Eve tied by their disobedience. Thus, the title of Undoer of Knots is perhaps one of the oldest and most profound titles given to the Blessed Virgin Mary.



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Arizona Rosary Celebration

Quick Map: How to Pray the Rosary



For detailed instructions, visit
U.S. Conference of Catholic Bishops
online at usccb.org

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Let's pray the rosary, Arizona!

Arizona Rosary Celebration

Quick Guide: Rosary Prayers



The Apostles' Creed I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Hail Mary, full of grace, the Lord is with you; blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death.

Glory be to the Father, the Son, and the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end.

Hail Holy Queen, Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To you we cry, poor banished children of Eve; to you we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, your eyes of mercy toward us; and after this, our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

